

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sepeke Manamela

Has successfully participated & completed the

32km SA Run 4 Cancer Ultra Marathon 2019

held at Polokwane Rugby Fields.

TIME 03:07:28

PACE 05:51/km

OVERALL 122 of 438

26 October 2019, Sat **Date**

GENDER 109 of

303

40+ 35 of 105